



Installation Guide for MacOS

Welcome to BLiINK App Installation Guide

In order to experience the features of BLiINK, please follow the following simple steps to install the desktop app.

Step 1: Download BLiINK Installer

Please launch your internet browser and visit www.bliink.ai.

Click on **Get For Free** button, then choose operating system (MacOS) and click on **Download for MacOS** after signing in. The installer should start downloading.

Step 2: Locate the Downloaded File

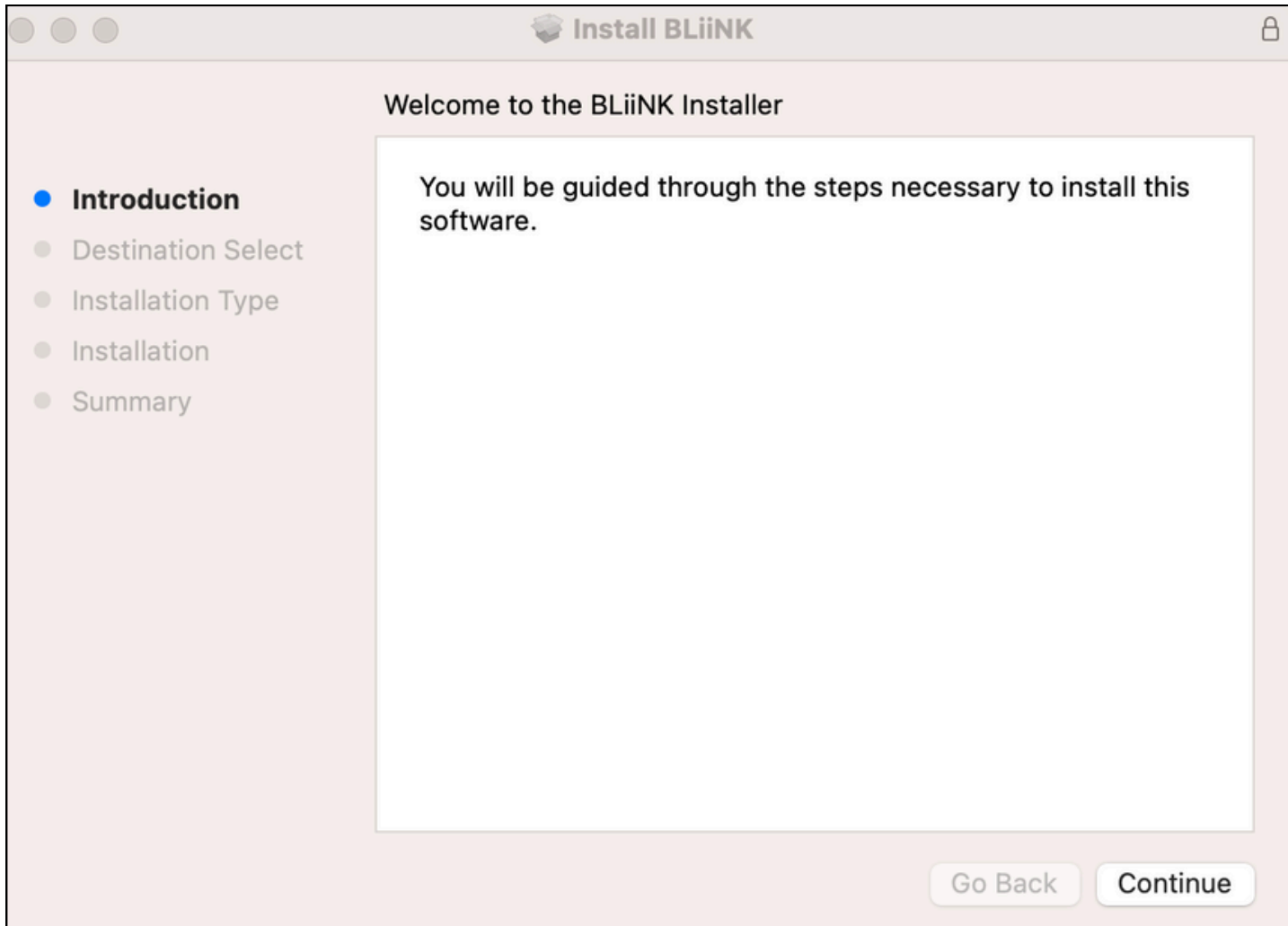
Once the download is complete, the installer file (BLiINK_Installer.pkg) is typically saved in your "**Downloads**" folder.

Step 3: Run the Installer

Look for the BLiINK_Installer.pkg file in the Downloads folder (or in the folder you selected to save the downloads). Double-click on the **BLiINK_Installer.pkg** file to start the installation process.

Step 4: Installation process

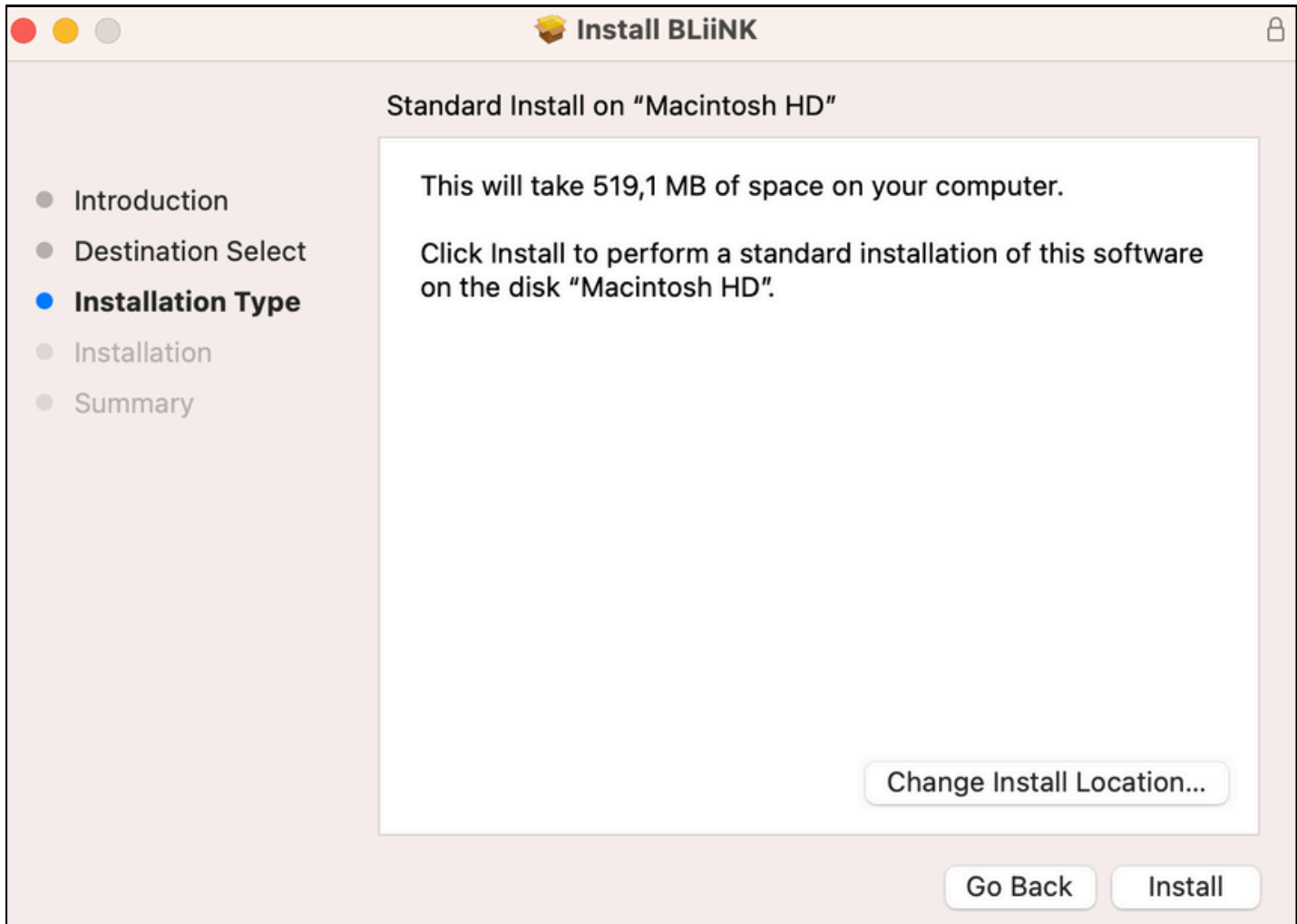
Once you double click on the installer file, the following window will open.



Click on "**Continue**" to start the installation process.

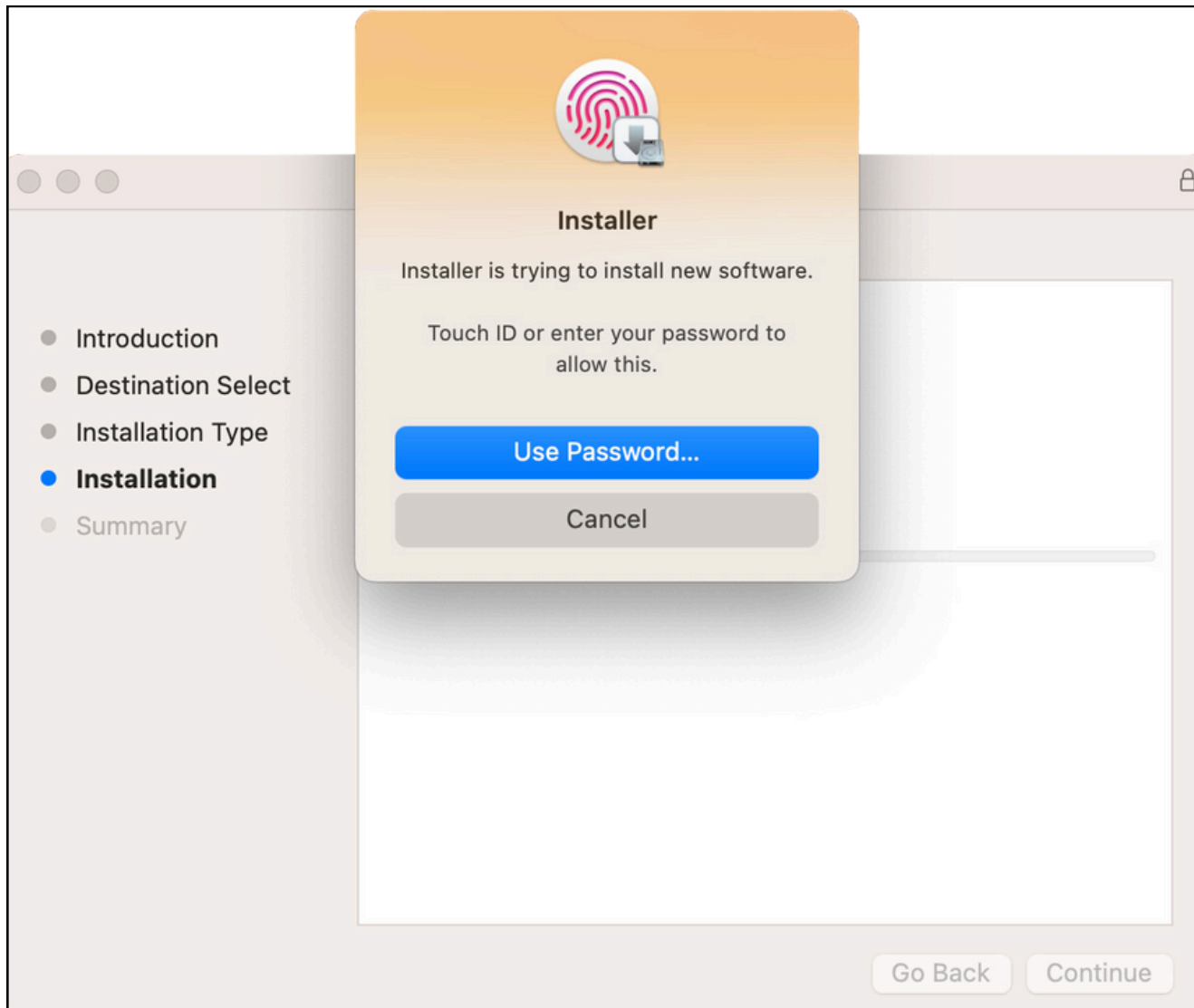
Step 5: Installation process

Next, please select/change the installation location and click on **"Install"** button.



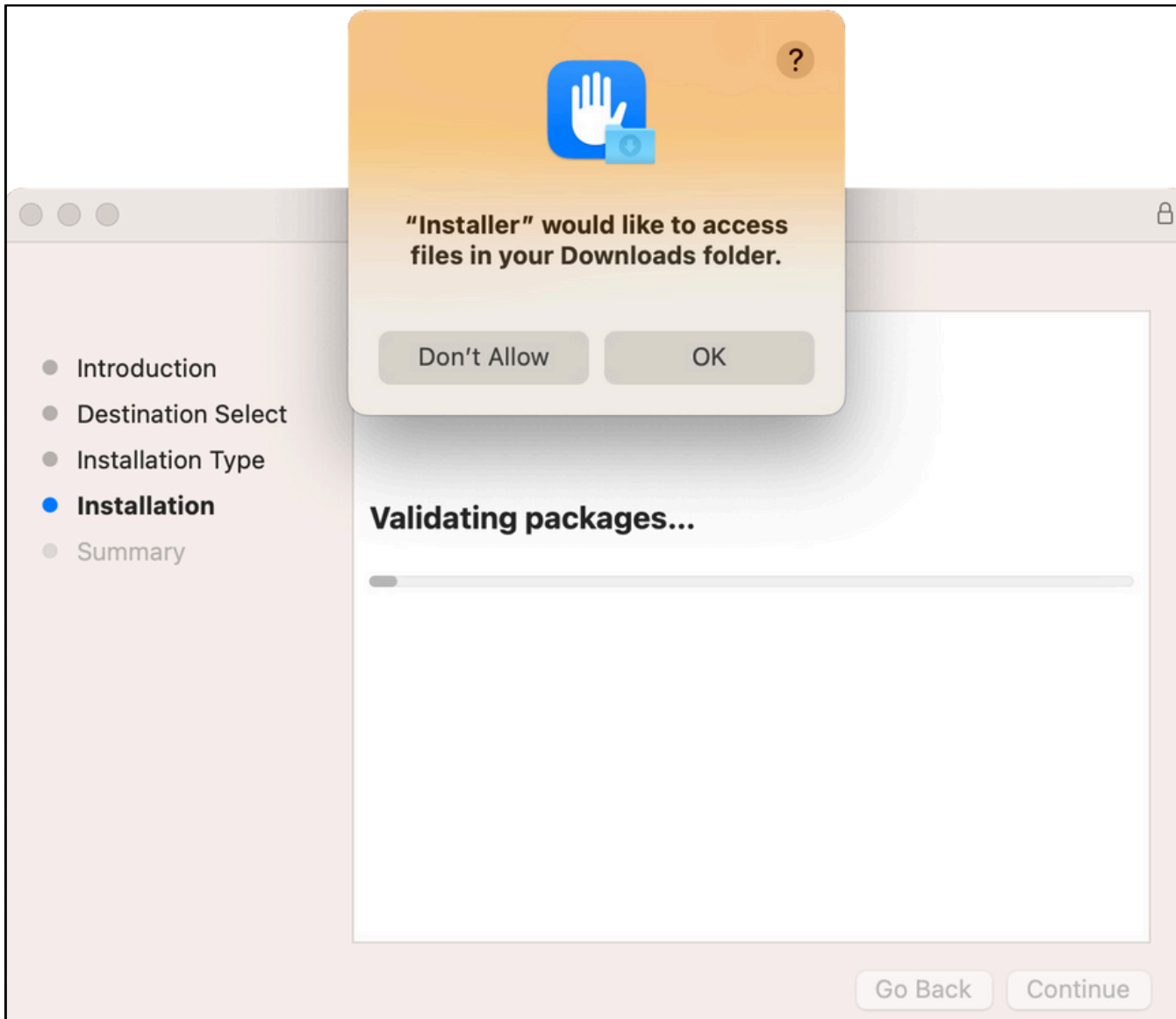
Step 6: Installation process

Next, you will be asked to provide your **Password**, in order to allow to install the software.



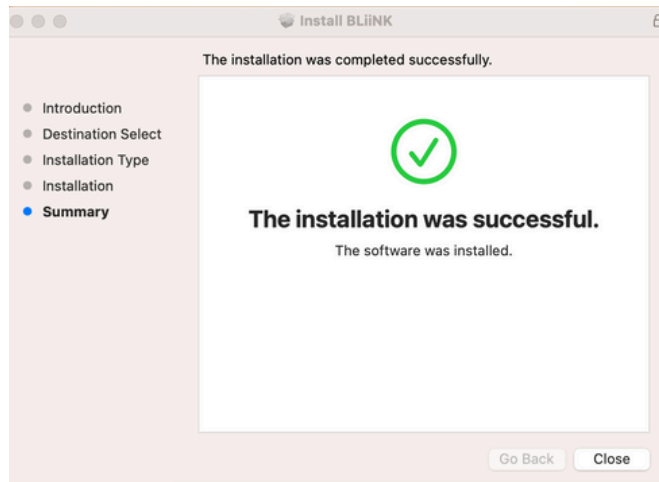
Step 7: Installation process

Following this, you'll be prompted to grant BliiNK access to your Downloads folder, enabling it to install the necessary files. Click on **"OK"**.

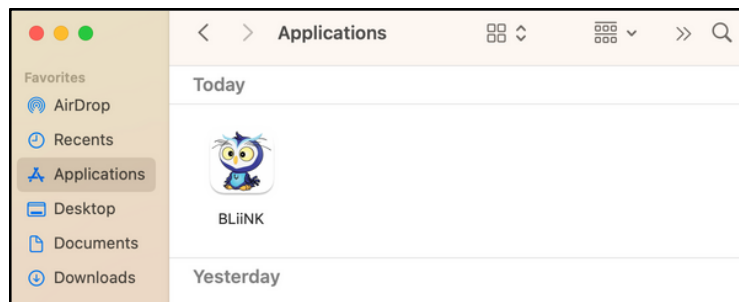


Step 9: Installation finished

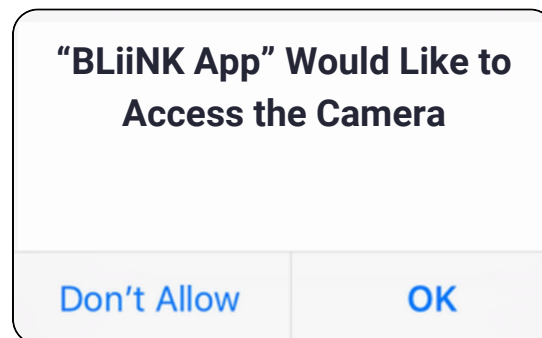
Congratulations, now BLiINK is installed in your PC and you can start using it.



In order to start, please go to Applications folder and double click on BLiINK.



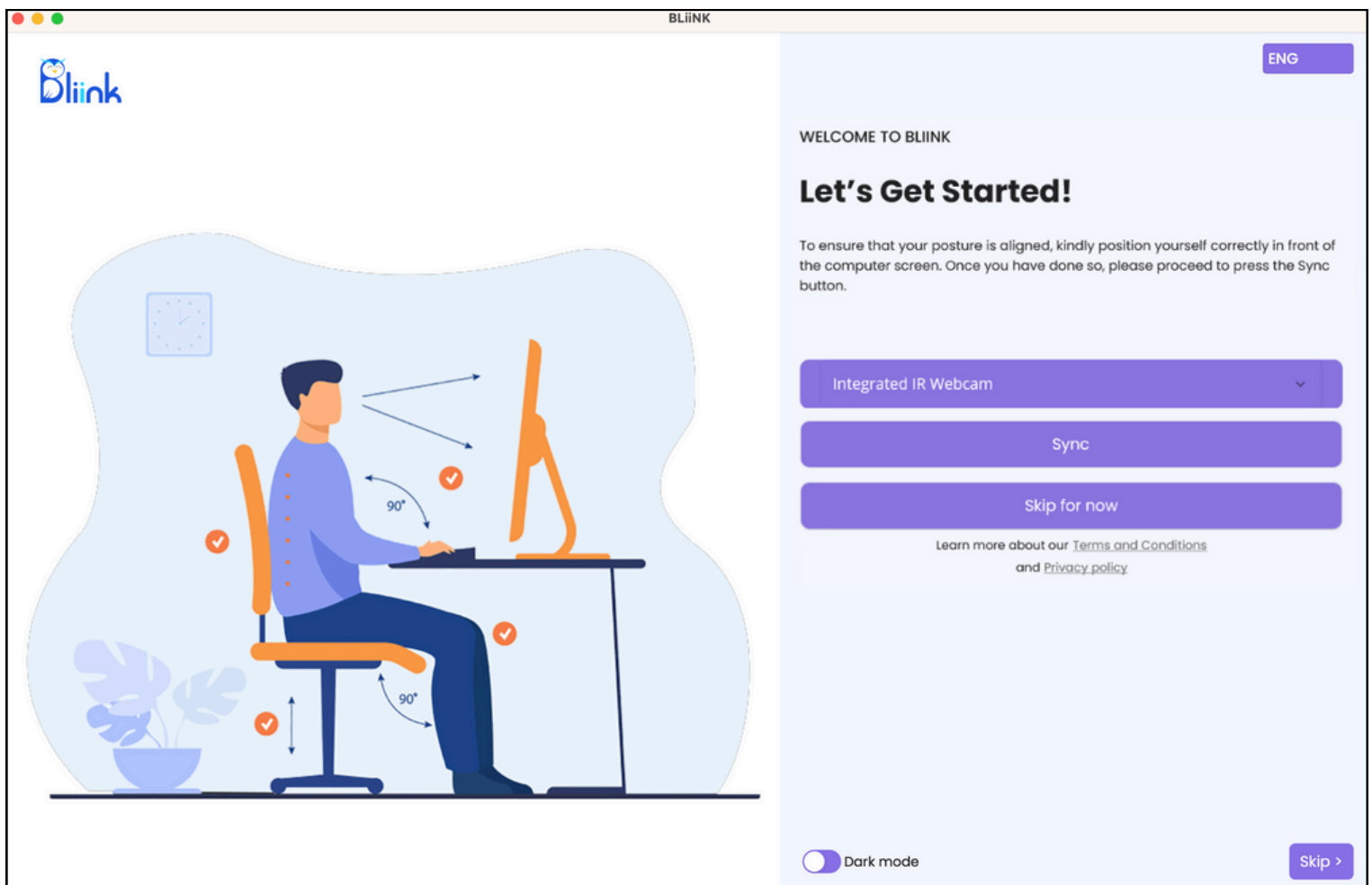
Once you open BLiINK app, the following page will appear asking you to grant access to the webcam. Please click "OK" to proceed.



Step 10: First load

Next, the following page will appear. Please adjust your sitting posture and desk according to the picture below (as similar as possible), then click on “**Sync**” button.

Once you click, a frame will open, where you can see yourself. Keep seating in a correct way, make sure that your head and neck is visible in the frame, and click “**Esc**” or “**Q**” to exit.



The screenshot shows a web browser window titled "BLINK". On the left, there is an illustration of a person sitting at a desk with a computer monitor. The person is shown in profile, sitting on an orange office chair. Arrows indicate a 90-degree angle between the chair back and the seat, and another 90-degree angle between the seat and the floor. There are red checkmarks in small circles next to these angles. The desk is black, and the monitor is orange. A clock and a potted plant are also visible in the background of the illustration.

On the right side of the browser window, there is a light blue sidebar with the following content:

- Top right: "ENG" button.
- Text: "WELCOME TO BLINK"
- Section header: "Let's Get Started!"
- Text: "To ensure that your posture is aligned, kindly position yourself correctly in front of the computer screen. Once you have done so, please proceed to press the Sync button."
- Buttons: "Integrated IR Webcam" (dropdown), "Sync", and "Skip for now".
- Text: "Learn more about our [Terms and Conditions](#) and [Privacy policy](#)"
- Bottom left: "Dark mode" toggle switch.
- Bottom right: "Skip >" button.

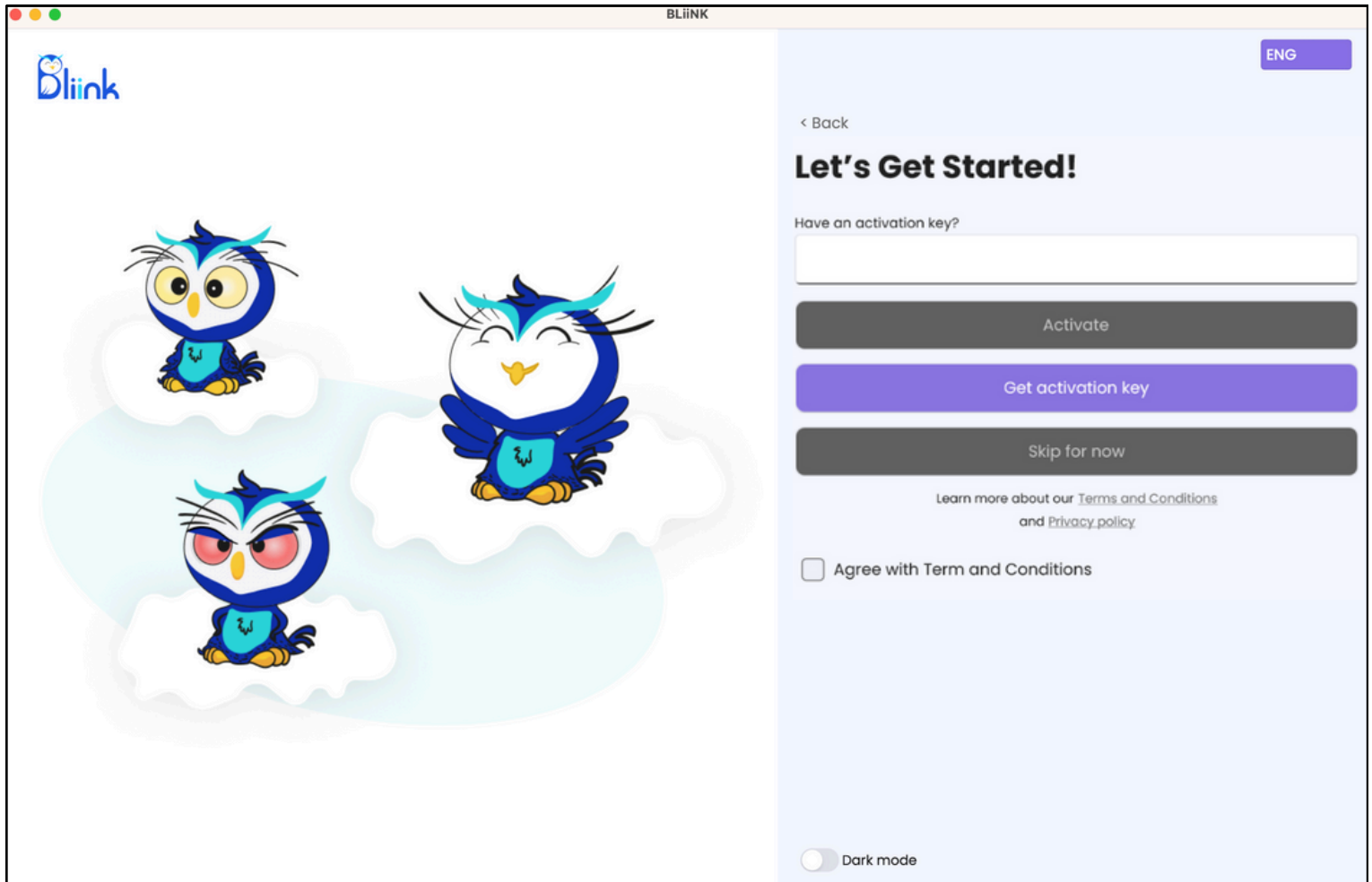
If the frame doesn't disappear, make sure to click on it, before pressing “**Esc**” or “**Q**”.

Alternatively, you can click on “**Skip**” to skip this part and make it from the application later.

Step II: Let's Get Started

Finally, you are ready to use BLiINK.

Please read our **Terms and Conditions**, click on **Agree** button, then select **Skip for now** if you want to use 3-day Free Trial.



The screenshot shows the BLiINK activation interface. On the left, there are three cartoon owls. On the right, the 'Let's Get Started!' section includes a text input field for an activation key, three buttons: 'Activate' (grey), 'Get activation key' (purple), and 'Skip for now' (grey). Below these buttons is a link to 'Learn more about our Terms and Conditions and Privacy policy', a checkbox for 'Agree with Term and Conditions', and a 'Dark mode' toggle at the bottom.

If you possess the **Activation key**, input it into the designated box and click "**Activate**". Alternatively, if you don't have the key, you can click on "**Get activation key**" and purchase it from our webpage.

If you have any questions, please reach out to us via email or social media.

That's it, thank you!



THANK YOU FOR CHOOSING BLIINK!

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